

# Care Help of Sulphur, Inc.

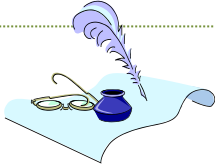
200 N. Huntington St.  
Sulphur, LA 70663  
(337) 528-2273



Because we CARE, we want to HELP.  
www.care-help.org  
Find us on Facebook

## OUR MISSION

“To express the love of God through ministry to those in need, by supplying short-term assistance and promoting life-skills.”



## From the desk of the Executive Director

### Giving Outside of the Christmas Box

Scientists have confirmed that when we help someone else or do a good deed, it actually changes our brain chemistry. It sets off certain chemicals that make us feel good, happy, and worthwhile. You *might* get the same effect from eating a bowl of ice cream...but then you'd have to worry about gaining a few extra pounds.

At Care Help, we daily assist people you would think would never need help, and most of the time they don't. One of them could be your neighbor, your coworker, or a family member. We all know we're supposed to save up three months for emergency living expenses, and in a perfect world we would. But how do you do that when you live from pay check to pay check? Jesus taught us that “the poor will always be with us”...and they are...everyday.

Come; help us...give a little. We want you to feel good, feel worthwhile, and be happy (without the extra pounds). May the spirit of Christmas ...that of a giving heart...carry you forward through this Christmas season and into the new year.

In Christ's love,  
Sue Broussard



## Making Care Help Your Hometown Mission

### Understanding the Needs of Others

Take a moment to think of someone you know that may be laid off, ill, or elderly on a fixed income and realize that they may come for assistance through Care Help's Social Service Department. This is where we need your help feeding families, paying for medications, continuing electricity, protection from eviction, and more. We also have programs to help our clients learn computer skills, budgeting skills and job search skills to get them on the road to being self sufficient. In addition, we offer Work for Assistance that helps encourage unemployed clients realize they are valued workers with more skills than they realize.

All in all, we have an effective program to help our clients, but we can't do it without your support. We are very thankful for every donation and each one makes a difference, whether large or small.

Please help a family today, by cutting out the form on the right and mail to us. You are helping us help others through a difficult time. Thank you and God bless.

For your convenience, we are accepting donations through PayPal.com. Just type our e-mail address [eacarehelp@xspedius.net](mailto:eacarehelp@xspedius.net) in the “Send Money” part of your account and you will help us help others in need.

You can also clip out this form and mail your donation to: Care Help of Sulphur  
200 N. Huntington. St. Sulphur, LA 70663

I want to be a part of the effort of Care Help of Sulphur to touch lives in our area by making a monetary donation.

monthly  one time pledge of \$ \_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City/State: \_\_\_\_\_

Memorial or Honorarium:

In memory of \_\_\_\_\_

In honor of \_\_\_\_\_

Send acknowledgement to \_\_\_\_\_

Address (city/state/zip) \_\_\_\_\_

\_\_\_\_\_

“Inasmuch as ye have done it unto the least of these my brethren, ye have done it unto me.” Matthew 25:40

## Social Service Emergency Assistance

Assisting Families in Need Monday-Friday 9:00am-4:30pm, Closed Wednesdays

Assistance Given January 2010- September 2010

**Cash (bill payment): \$70,933.36 And Non-Cash: \$43,369.50 Total: \$114,302.86**

“All they asked was that we should continue to remember the poor, the very thing I was eager to do.” Galatians 2:10

Help Type	#Families	Amount	Help Type	#Families	Amount	Help Type	#Families	Amount
Bike	1	\$ 30.00	Formula	14	\$ 315.00	Motel	5	\$ 345.25
Box Fan	7	\$ 150.00	Furniture	43	\$ 3467.00	Personal Items	20	\$ 298.00
Bus Ticket	2	\$ 527.00	Gas	35	\$ 2316.00	Rent/Mortgage	85	\$18834.00
Clothing	84	\$ 1381.50	Gasoline	35	\$ 620.00	Transient Food	40	\$ 735.00
Dental	14	donated	Handyman	11	donated	Transportation	222	donated
Diapers	42	\$ 645.00	Household	60	\$ 1768.00	Water	37	\$ 2475.81
Electric	344	\$44870.28	Infant	3	\$ 70.00			
Food	587	\$34510.00	Medicine	17	\$ 945.02			

### First Pair of New Shoes!

I have worked as the Social Service Director at Care Help of Sulphur for over three years. There are no words to describe what a great job this is. I have had the opportunity to help people daily who have emergency needs. When we had the Back to School Program, I met a lady who has five children. We were able to give them gift cards to Payless Shoe store, and that was the first pair of new shoes they ever had. I hear so many stories everyday of how people have lost their jobs and struggle to make ends meet. It's such a blessing that there are places like Care Help for them to go, giving them a little hope and knowing someone cares enough to help them through a hard time.

Monica Smith  
Social Service Director

### A heartfelt story on giving back...

When my baby was born, he had to be transferred to New Orleans immediately to have open heart surgery. We were completely broke. We had no money to pay our bills, much less make it to New Orleans to see the baby. Care Help paid my water, electricity, part of my house note and gave me courage and strength that I didn't know I had.

Not only did they do that, but I shop at Care Help weekly. My kid's bookshelves are full of so many books because I can get them as low as 10 cents there (thrift store). I know I can help by donating used items there. I never throw away clothes anymore. If they don't fit my kiddos, they go straight in a bag for Care Help.

A Care Help Client

### Feeding Families

Along with our regular food box and toiletry care package valued at \$65.00, our Wise Penny Thrift Store and Social Service waiting room each have a bread and sweet rack for clients to choose one per household. This is just one more way to help fight hunger in our community.

We also have a Life Skill Class "Thinking Outside the Food Box" to teach people how to stretch what they already have and what is given in our food box. Class suggestions include: Meats, Vegetables, Grocery Shopping, Substitutions, Other Money Saving Tips, and Menu Suggestions. Look for this class to be posted in our Wise Penny Thrift Store, Sulphur newspaper or on our Facebook page.

We have given out 587 food boxes since January to help those in our community feed their families. Please help donate to fill our food pantry as hunger is year round. Please call today 528-2273 for items needed, or mail us a check with "Food Pantry" in the memo area and we will do the shopping. "I will bless her with abundant provisions; her poor will I satisfy with food." Psalm 132:15



## Computer Classes

**Free Computer Classes:** Mondays 6:00-7:30pm and Wednesdays 1:30-3:00pm at 112 E. Thomas St. Call 528-2273 to sign up. Beginners are welcome!

**Self-teaching interactive programs:** Computer Basics, Windows 95/98/2000/XP/Vista, Touch Typing, Microsoft Office, Word, Excel, Access, Outlook, PowerPoint, Internet Explorer 6/7/8

**Instructors:** Brian McGuire (in photo) or George Kumler are available with their expert help.



## Life Skills Classes

Every Wednesday 10:00 p.m.-12:00 p.m.  
200 N. Huntington St.  
In Social Service Waiting Room

To reserve a seat for these valuable classes, call 528-2273 as seating is limited.

### LSU AgCenter Classes with Cindy Richard

October 27 Avoiding Predatory Lenders  
November 3 Making the Most of What You Have  
November 17 Steps to Financial Freedom  
November 24 Making the Most of Your Food Dollar

### Carol Pettyjohn, Job Skill/Budgeting Classes

November 10 Job Skills Assessment  
December 8 How to Create A Budget

For upcoming classes in 2011, check our store bulletin board, Facebook page or local newspaper.

Classes are free and open to all regardless of income.

Top photo, center: Instructor Cindy Richard

Lower Photo: Instructor Carol Pettyjohn



## Bible Study

with Pauline Rogers

Care Help of Sulphur Bible Study classes are every Tuesday morning from 8:00 am - 9:00 am in our Social Service's waiting room. We are going into our 3<sup>rd</sup> year of Bible Study with an average attendance of 7-8 persons. We recently enjoyed studying the book of Revelations. The group will decide which book will be studied next. We have great discussions and we would love to have you join us. Our emphasis is not on doctrine or denomination, but studying the Word of God. This class is open to all regardless of income. No need to call, just come on by. We'll put on a pot of coffee!

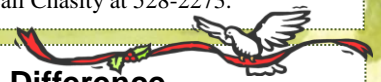
Photo: Teacher, Mrs. Rogers, 4<sup>th</sup> from left.





## *New Volunteer Coordinator*

Care Help of Sulphur is excited to welcome Chasity LeJune as our new Volunteer/Special Projects Coordinator. She has grown up living in Sulphur and DeQuincy. She and her husband, Chad, have been married for 7 years and have two children, Madyson and Junior. They attend New Destiny Assembly of God and she teaches Rainbow Sunday School. We first met Chasity in 2005 when she volunteered helping her mother, Lori Lawson, who was Volunteer Coordinator at the time. She comments that she enjoys working with the public and helping people. Chasity is replacing Sandy Friesner who had to leave due to health problems. We are in need of volunteers, so please feel free to call Chasity at 528-2273.



## *Care Help Christmas Program ~ Help Us Make a Difference*

**Deadline for Donations:** December 6th **Distribution Days:** Thursday, December 16th and Friday, December 17th  
**Location:** 112 E. Thomas St. **Applications:** Forms will be available in our thrift store and assistance office on November 12<sup>th</sup>.  
**Items Needed: Canned Items:** Green beans, corn, fruit, yams, cream of mushroom, chicken broth, evaporated milk, and French onions. **Packaged items:** box instant potatoes, gravy mix, cake mix, cake icing. **Meats:** Turkey or boneless ham. **Toiletries:** Toothpaste, toothbrushes, bath soap, laundry detergent, deodorant, and toilet paper. **Deadline for Donations:** December 6th

We are planning to assist 350 local families with a food box, turkey or ham, and a toiletry care package. In addition, Senior citizens and children will receive gift cards. Please call 528-2273 for a list of items needed or mail a monetary donation with "Christmas Program" written in the memo area. Thank you in advance for helping bless families in our community with a Merry Christmas.



## **Back to School Program ~ Helping Children One by One**

Our annual Back to School Program was very successful in reaching out to 400 Sulphur school children with assistance valued at \$28,000. This year, the distribution process took place at our Education Building on East Thomas St. The site was bustling with activity in July and August! Applicants were able to bring their documentation, be processed, and leave armed with school supplies, uniforms and Payless gift cards for new shoes. As always, the volunteer support was instrumental to our success.

Many thanks go to our local churches, businesses, industries, organizations and clubs for all of the monetary donations of school supplies. Sewing volunteers in the community gathered together in their homes, churches, and sewing shops to create new school chair backs for us to give. Families in our community contributed gently used school uniforms which allowed us to provide clients with 2 tops and 2 bottoms for each child in school. With everyone doing what they could, Care Help and YOU made a difference in the life of a child this school year!

**In loving memory of Marjorie Grissom Fontenot- Faithful Back to School Volunteer.**

**Back to School Donors:** Citgo Petroleum Corp., CSE Credit Union, First Baptist Church of Maplewood and VBS, First Christian Church, Henning Memorial United Methodist Church and Mustard Seed, Houston River Baptist Church, Hunter Perrin State Farm, Immaculate Conception Church, Kiwanis Club of Southwest Contraband, Maplewood United Methodist Church, McDonald's Restaurant, Mimosa Pines Cemetery, Miracle Deliverance Church, Mt. Zion Youth, O'Charley's Restaurant, Olivet Baptist Church, Our Lady of Lasalette Catholic Church, OLPS St. Vincent De Paul Society, PPG Industries, Rick Fitts State Farm, Ronnie Johns State Farm, Southwest Louisiana Credit Union, Stonebridge UMW Circle, Sulphur First Baptist Church and Ruth Sunday School, Sulphur Kiwanis Club, Sulphur Rotary Club, Sulphur Sunrise Rotary Club, Sulphur United Pentecostal, Trinity Lutheran Church, Truth Apostolic Church, United Office Supply, Victory Worship Center, Wesley United Methodist Church, Westlake Chemical Corp and Westminster Presbyterian Church. Individual names are not listed for privacy.

**Stamp Out Hunger Success:** The United States Postal workers joined together to collect donated food items from area residence place by mail boxes. 6, 226 pounds of food were collected to help fill Care Help's food pantry. Local Boy Scouts helped deliver the food. Thank you all!

**Mother-Daughter Tag Team!** During the summer, our very own Tena Hill became a great-grandmama as well as being recognized by City Council as Volunteer of the Month. Tena has worked 19 years with Care Help wherever she was needed. Most of the time, she has been cashier, which is a perfect job for her because she is so friendly to everyone. She and her daughter, Dee Vincent, can be found working the cash register every Wednesday. We'll be looking forward to training the great-grand baby soon as we can to keep Wednesdays a family affair. She is also a big help during our special assistance projects when she interviews applicants. Congratulations Tena!

**New Volunteers:** Elsie Blanchard, Brian McGuire, Cody Pishnic, Addison Duplechain, Nancy George, Moe Farhat, Emily Grimmitt, Jennifer Hadum, Hannah Couch, and Jessie Foreman

**Workgroups:** Boy Scouts, Houston River Baptist Youth Group, Kiwanis Southwest Contraband, SHS Key Club, and Team Citgo

**Volunteer Christmas Banquet:** December 7<sup>th</sup> at 6:00 p.m. at Sulphur First Baptist Church

**New Board Members:** Beth Broussard and Randy Broussard

# Care Help of Sulphur's Wise Penny Thrift Store

**Store Hours:** 10:00 a.m. – 5:00 p.m. Every 1<sup>st</sup> & 3<sup>rd</sup> Friday is 50¢ Friday on Clothes, Shoes & Purses

**Donation Hours:** Monday-Friday 8:00am-4:45pm, Saturdays 11:00am-6:00pm, Sunday donations resume in spring.



## *Wednesday Winners*

Get a \$5.00 off voucher to the Wise Penny Thrift Store

Care Help of Sulphur's, Wise Penny Thrift Store will have two "Wednesday Winners" each week. Two shoppers will receive \$5 off store vouchers every Wednesday as they enter the store. The predetermined times will vary weekly, so shoppers will have no idea if they won until they enter the store. This idea was inspired by employee, Debra Nunez, who desired to be a part of blessing others. The Wise Penny Thrift Store is open Monday-Friday, 10am-5pm. We are REAL people meeting REAL needs. "Christ's love compels us, because we are convinced that one died for all." 2 Corinthians 5:14

## *The Hometown Advantage*

Angie Richard is a hometown girl who was born and raised in Sulphur. She grew up shopping at Care Help with the memory of sitting on the floor trying on different shoes that lined the wall. She was thankful that Care Help had affordable clothing for her mother to purchase when they weren't able to buy new clothes. For occasions like a choral concert where specific clothing was required, her mother would find exactly what she needed among our children's clothing. She and her mother also had the satisfaction of being able to donate items to pass on the savings to others.

Now she is shopping with us as an adult and mother of two children at our newer location on N. Huntington commenting how nice it is, more room for displays, and the glass display cabinets near the cash register for nice items. As an adult having built a new home, she shopped at "The Wise Penny Thrift Store" for curtains to line her arched windows. To further customize them, her sister-in-law took an extra panel to make a valance. She paid \$10.00 and felt it would have cost \$250.00 at a retail store. We certainly consider that wise and thrifty, thus, the name, The Wise Penny Thrift Store.

It is appreciative stories like this and friendly customers like, Angie that makes working at Care Help of Sulphur a blessing as it is our goal to bless others.

In photo on right: Angie Richard

## *The Daily Treasure Hunt*

We would like to invite you to join us each morning as we open our store with a scripture and prayer followed with the sale of the day. We also have a 50¢ clearance clothing rack and items that have been in the store two months or longer are ½ price. For your shopping convenience, we have recently added new, streamlined clothing racks and shelving for videos, DVD's and books for easy access as seen in the photos above. If you are shopping for furniture, appliances, exercise equipment, we have an outdoor pavilion that houses larger items. When you make your purchase, one of our friendly volunteer cashiers will place a scripture in your bag to share God's Word. Remember, when you purchase items from Care Help, you are blessing someone in need. Sales from our store contribute in assisting clients in our Assistance Department.

Thrift Store Manger-Miranda Touchette





## Community Support



### Monthly Church Support

Church of Our Lady of Lasalette  
Cornerstone Christian Fellowship  
Faith Temple  
First Baptist Church of Maplewood  
First Baptist Church of Sulphur  
Henning Memorial United Methodist Church  
Holy Trinity Episcopal Church

Houston River Baptist Church  
Immaculate Conception Church  
Light of Life Church  
Lighthouse Tabernacle  
Maplewood United Methodist Church  
Olivet Baptist Church

OLPS St. Vincent De Paul Society  
Southside Celebration Worship  
South Sulphur Church of Christ  
Trinity Lutheran Church  
Victory Worship Center  
Wesley United Methodist Church

**Special Donations:** Billy Navarre Chevrolet, Honda, and Hyundai, Bob and Faye Kyson Wedding Anniversary, Brookshire Brothers bakery items, Firestone Polymers, LLC-Lake Charles, LA Plant, Kroger Food Store bakery items, Neighbor to Neighbor bar code shopping for charity and Souper Bowl for Caring, New Covenant Fellowship, Recon Management Services, Sulphur Inn, Westminster Presbyterian Church, and WalMart. Individual names are not listed for privacy reasons.

**Memorial Donations in Memory of:** Charles Arville, Jerry Blue, Lawanna Wagner Broussard, John A. Collingwood, Marjorie Fontenot, Byran Christopher Ferguson, Carrol Fontenot, Marjorie Fontenot, Trena Grimmett, Norris Guidry, Patsy Ruth Hyatt, Joyce Johnson, Susan Sprigg Krepper, Donna Lancon, Roy Todd Langley, Adrienne Marshall, Gregg Pickens, Steve Racca, Louise Fay Robertson, and Syble LeBlanc Wing. *"For this God is our God for ever and ever; he will be our guide even to the end." Psalm 48:14*



### Care Help of Sulphur Scholarship Program

Mia Johnson was selected to receive Care Help of Sulphur's Community Scholarship Award. Ms. Johnson received \$1,000.00 per year or \$500.00 a semester toward tuition at McNeese State University where she will major in Elementary Education. She graduated with a 3.8 GPA with honors as Magna Cum Laude of her class and was also a member of the National Honor Society.

Care Help of Sulphur's Community Scholarship Fund is for Sulphur students who show promise of continued academic achievement. We would like to congratulate Mia and hope for much success in her academic endeavors.

In photo: Care Help of Sulphur's Executive Director and Scholarship recipient, Mia Johnson

### Kroger Neighbor to Neighbor Donation Program

With your Kroger purchases, this barcode will benefit Care Help of Sulphur. Please cut out barcode, present to cashier at the beginning of your purchase and they will link it to your Kroger Plus Card. The barcode has to be reactivated each year in July starting 2011. Thank you for your support!



# Community Education Building



## Community Education Building Improvements

With a new touch of paint and new flooring, our Community Education Building on 112 E. Thomas St. is looking better than ever. Our Community Education Building has two purposes. The left side of the building is our computer center with two classes weekly. Here you can work at your own pace with the program of your choice. An instructor is nearby if help is needed. There are other programs that utilize our building for other community classes and the VITA Program. Classes are free of charge.

The right side is reserved for our two yearly programs, our Back to School and Christmas Programs. In the process, a family in need of help will fill out an application, present it to one of our trained volunteers for approval, pick up their items and be on their way. We are actively looking for ways to enhance our facilities not only in appearance, but to offer programs to improve the lives of residents in our community.

## Community Education



## Computer Classes



## VITA PROGRAM

In effort to continually serve the people in our community, Care Help is a VITA (Volunteer Income Tax Assistance) Site. To provide this service we are partnering with the DSS-Office of Family Support, Internal Revenue Service, La. Dept of Revenue & Taxation, McNeese State University and First Federal Bank. Volunteer Income Tax Assistance Site Coordinator, John Daigle.

- Free tax preparation and e-filing for families with an income less than \$39,000
- Located at Care Help of Sulphur Education Center at 112 E. Thomas St.
- January 23, 2011 thru April 9, 2011
- Every Saturday between 9 a.m. and 1 p.m.
- Qualifying forms: Form 1040, Schedules A, B, C-EZ, EIC and Form 2441
- Must have picture identification.
- Must have verification of income.
- Must have applicable social security cards with birthdates
- Must have verification of all (W-2, 1099, Interest, Dividends)
- The program is open to everyone, regardless of location of residence
- For more information call site coordinator, John Daigle at 287-4793 on Saturdays
- We encourage moderate-to-low income individuals or families to take advantage of this beneficial program.



**Board of Directors**

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Wilmer Dugas, Vice President  
Beth Broussard, Treasurer  
Karen Farnum, Secretary  
Randy Broussard  
Mel Estess  
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**CONTACT US**

200 N. Huntington St. Sulphur, LA 70663  
(337) 528-2273 Fax: (337)310-0199  
[www.care-help.org](http://www.care-help.org)

**OFFICE HOURS**

Monday through Friday  
8:00am-5:00pm

**SOCIAL SERVICES HOURS**

Monday through Friday  
9:00am-4:30pm Closed Wednesdays

**WISE PENNY THRIFT STORE**

Monday-Friday 10:00am-5:00pm

**DONATION HOURS**

Monday-Friday 8:00am-4:45pm Saturdays 11-6  
Closed Sundays now until spring

**VOLUNTEER COORDINATOR**

10:00am-4:00pm

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**COMMUNITY EDUCATION**

112 E. Thomas St.

**COMPUTER CLASSES**

Mondays 6:00pm-7:30pm  
Wednesdays 1:30pm-3:00pm

**LIFE SKILLS CLASSES**

Every Second Wednesday 10:00am-12:00pm

Care Help of Sulphur, Inc. is a Christian, non-profit 501(c)(3) organization that is supported by individuals, businesses, churches, and other organizations in the area. We assist residents from the Sulphur/Carlyss areas and transients in emergency, temporary situations in the form of food, clothing, utility, rent, medication, and referrals.

We accept memorial and honorarium donations in the name of a loved one and offer a Celebration of Life Wall brick program as a lasting tribute.

We accept donations of computers, vehicles and furniture. Donations may be tax deductible.



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